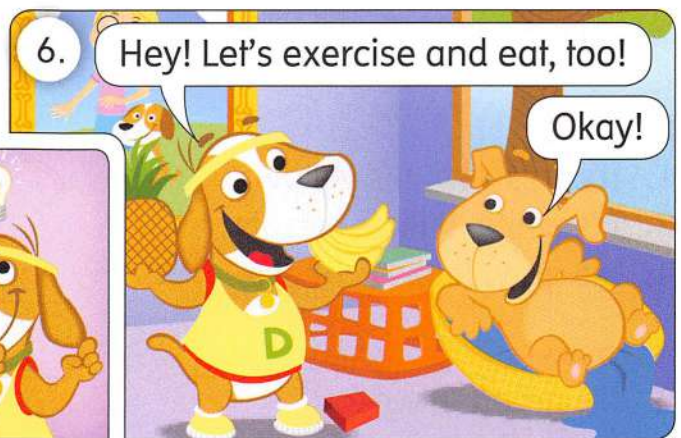
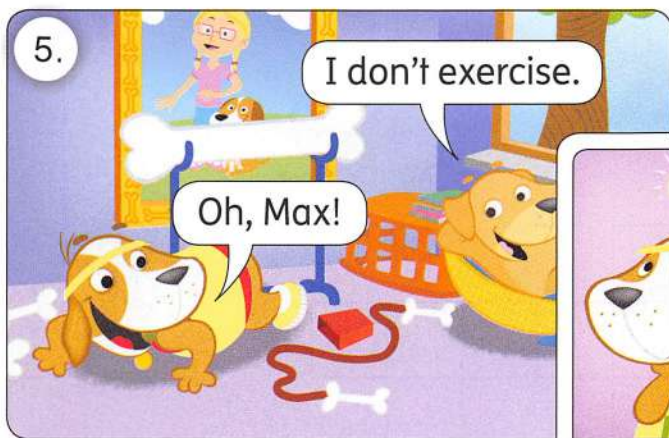



A.  <sup>CD1</sup><sub>36</sub> Listen and repeat.



B.  <sup>CD1</sup><sub>37</sub> Look at A. Listen and point.

C.  <sup>CD1</sup><sub>38</sub> Listen. Circle True or False.

1. True False 2. True False 3. True False 4. True False 5. True False

D. Role-play these scenes.

**A.** Read and find the picture. Write the names.

1. Nat is tall and thin. He has a puppy and a fish.
2. Lee is eating a big cake. He has tea in a pink cup.
3. Kim is playing the flute. She has a blue hat.
4. Rose has a red coat. She has gum and jam in a bag.
5. Sue is riding a bike to the vet. She has a kitten in a green box.



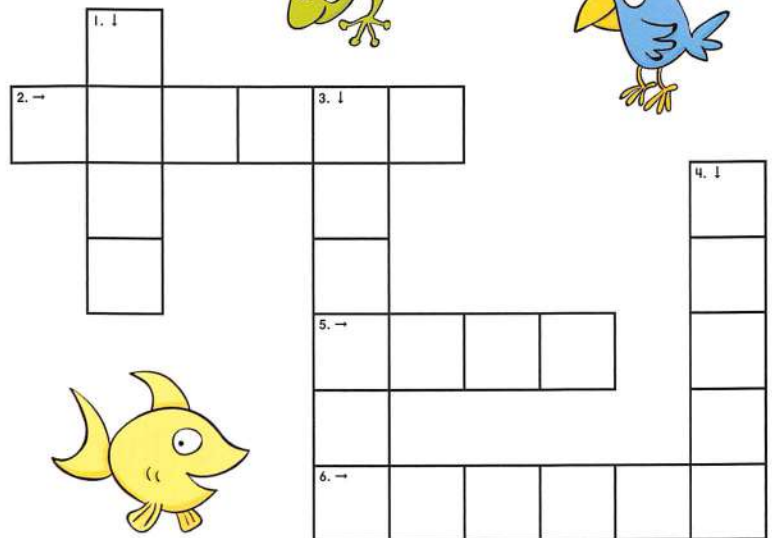
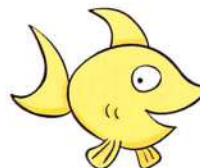
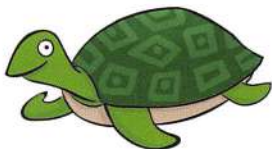
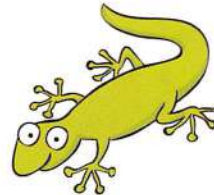
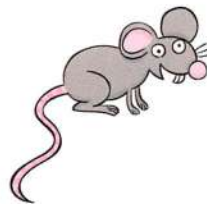
**B.** Read and complete the puzzle.

**Down ↓**

1. It can swim. It's yellow.
3. It's white. It likes carrots.
4. It's gray. It likes cheese.

**Across →**

2. It's green. It walks.
5. It can fly. It likes bread.
6. It's green. It swims and walks.



**A.** What foods do you eat?

**B.**  <sup>CD1</sup><sub>39</sub> Listen and repeat.

**C.**  <sup>CD1</sup><sub>40</sub> Listen and read.

healthy



fruits and vegetables group

Fruits and vegetables are good for you. These are healthy foods.

unhealthy



fats and sweets group

Some foods aren't good for you. These are unhealthy foods. Can you see the fries and candy?

meat and fish group



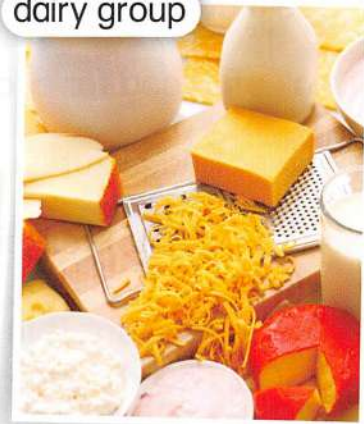
Can you see foods in the meat and fish group? Do you like these foods?

Look at the foods in the grains group. Bread, pasta, and rice are in this group.

grains group



dairy group



Foods in the dairy group come from milk.

**D.** Is it true? Write ✓ or ✗.

1. Fruits and vegetables are unhealthy foods.
2. Bread is in the grains group.
3. Candy is a healthy food.
4. Foods in the dairy group come from meat.
5. Fries are in the fats and sweets group.

**E.** Write the words. (See pages 70–74.)

**A.** Write three food groups. Ask and answer with a partner.

What foods do you like in the dairy group?



Food group	Foods
1. dairy	yogurt cheese
2. grains	
3. meat and fish	

I like yogurt and cheese.



**B.** Make a food journal.

1. Write a day of the week.
2. Think of a food for each food group.
3. Draw or find pictures.
4. Share your journal. Point and say.

There are carrots in my journal. Carrots are in the fruits and vegetables food group.

## MY FOOD JOURNAL

- my food on \_\_\_\_\_

Food group	Foods
Fruits and vegetables	
Meat and fish	
Dairy	
Grains	
Fats and sweets	

