Breathe/ Breath Idioms Lesson 15 - Beginners



save one's breath

- keep silent because talking will not do any good
- "You can save your breath and not bother talking to him. He never listens to anyone."

out of breath

- breathing fast and hard

I was out of breath when I ran to catch the train.

say (something) under one's breath

- say something so softly that almost nobody can hear it

I think that the clerk in the store said something under her breath about me.