

Body Idioms

Back Idioms Lesson 1 - Beginners



back-to-back

- next to each other and touching backs

The students were sitting back-to-back as they did their exercises for the gym class.

behind one`s back

- do something when one is absent or without one's knowledge, secretly

I don't like people who talk behind my back.

break one`s back/neck (to do something)

- do all one possibly can, work very hard to do something

I broke my neck to try and get the report finished on time.
