Phrasal Verb 101: Lesson 34 U and W

Common phrasal verbs, with meanings and examples. Phrasal verbs are usually two-word phrases consisting of **verb + adverb** or **verb + preposition**. Think of them as you would any other English vocabulary. Study them as you come across them, rather than trying to memorize many at once.

Verb	Meaning	Example
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use something up	finish the supply	The kids used all of the toothpaste up so we need to buy some more.
wake up	stop sleeping	We have to wake up early for work on Monday.
warm someone/ something up	increase the temperature	You can warm your feet up in front of the fireplace.
warm up	prepare body for exercise	I always warm up by doing sit-ups before I go for a run.