

Lesson 5: Parental Mental Illness



Vocabulary Practice:

<p>Mental - of or about the mind, or involving the process of thinking.</p>	<p><i>Stress can affect both your physical and mental health.</i></p>
<p>Illness - a condition in which the body or mind is harmed because an organ or part is unable to work as it usually does; a disease or sickness.</p>	<p><i>She suffers from mild mental illness</i></p>
<p>Crazy - also mean behaving in a strange way esp. because of stress, as if you are mentally ill.</p>	<p><i>I think she'll go (= become) crazy if she doesn't take a vacation soon.</i></p>

Dialogue Reading:

Do you have a problem?

Banj: Hey! Abby what's wrong with you? Do you have a problem?

Abby: Huh?! Why?

Banj: You seemed to be so lost these days. Is there a problem?

Abby: No! I don't have any problem, why do you ask?

Banj: Why do I ask? Because you are talking to yourself!

Abby: Really?! I am not talking to myself. Why do you think I'm crazy?

Banj: Ohhhh, that's scary! I saw you talking to yourself.

Abby: Do you really think I am crazy?!!!

Banj: Whoa, whoa, whoa! Don't be mad, I was just curious because you I heard you talking while you were alone.

Abby: Stop asking me about that, because I'm not! Ok?!

Banj: Ok. I'm sorry! Shall we eat lunch now?

Abby: I don't want to eat lunch! You go ahead.

Exercise:

Answer the following:

1. What is mental?
 - a. involving the physical state of the brain
 - b. involving the process of thinking
 - c. involving one's emotions
2. What is illness?
 - a. feeling tired due to bad diet
 - b. a disease or sickness
 - c. a condition where the body is harmed due to a collision or wound
3. What is crazy?
 - a. laughing hysterically due to hearing or seeing something amusing.
 - b. having a clear presence of mind
 - c. behaving in a strange way
4. What do you think will happen to a child if his/her parents suffer from a mental illness?
5. Have you had any experience with mental illnesses or know someone who has?