



CHOICES

Discussion

Basic questions

1 How much time do you spend choosing clothes before going out?

**I usually spend...hour/s in choosing clothes before going out.*

2 In what situation do you usually have to make choices?

**I usually have to make choices in looking for....(clothes,foods,etc)*

3 Have you ever made a wrong choice? If you could do it again, would you choose a different option?

**Yes, I have...If I could do it again, I'd.... / No, I haven't made a wrong choice.*

Extended questions

1 Do you seek advice from others when making choices?

**Yes, I seek advice from others when making choices. / No, I don't seek advice from others when making choices.*

2 Why do people have to make choices?

**People have to make choices because...*

3 Have you ever been in a dilemma? How did you solve it?

**Yes, I've been in a dilemma. / No, I haven't been in a dilemma.*

4 What will you choose: a high-paying job with very long hours that would give you little time with family and friends, or a lower-paying job with shorter hours that would give you more time with family and friends?

**I'll choose... because....*

Vocabulary

- 1 **Decision (/di'siʒn/)**
(noun) A conclusion or resolution reached after consideration
Ex. I'll make the decision on my own.
- 2 **Consider (/kən'sidə/)**
(verb) Think carefully about (something), before making a decision
Ex. He had considered giving up his job.
- 3 **Alternative (/ɔ:l'tə:nətiv/)**
(Adj) (Of one or more things) available as another possibility or choice
Ex. They are seeking an alternative venue for the concert.
(noun) One of two or more available possibilities.
Ex. I'm afraid I have no alternative but to ask you to leave.
- 4 **Option (/ˈɒpʃn/)**
(noun) one thing that can be chosen from a set of possibilities, or the freedom to make a choice
Ex. The best option would be to cancel the trip.
- 5 **Dilemma (/di'lemə/)**
(noun) a situation in which a difficult choice has to be made between two different things you could do.
Ex. She faces the dilemma of disobeying her father or losing the man she loves.

Useful Expressions

- 1 **To change one's mind - Alter one's views or intentions**
Ex. After the interview, I completely changed my mind about her abilities.
- 2 **Plan B - is an alternative solution to be adopted if one's original plan does not succeed.**
Ex. The idea is to get a caterer to provide the food. If that's too expensive, plan B is to organize a buffet with the help of friends.
- 5 **To have no choice but + to (verb)**
Ex. We have no choice but to stay at home and finish this assignment today.

Idioms

1 in a quandary - If you are in a quandary about something, you find it difficult to decide what to do.

Ex. The job they offer is less interesting but the salary is better. I'm in a quandary about what to do.

2 in two minds - If you are in two minds about something, you have difficulty deciding what to do.

Ex. I'm in two minds about whether or not to accept the offer.

3 keep your options open - When you keep your options open, you postpone making a decision so that you can choose among several possible courses of action.

Ex. The offer sounds good, but keep your options open until you're sure it's the best choice.

4 toss-up - When there are two options or possibilities to choose from, and both are equally good, the choice between the two is called a toss-up (like tossing a coin).

Ex. Both boxers are in excellent condition. It's a toss-up which of them will win.