



PERSONALITY

Discussion

Basic questions

1 How do you define “personality”?

**Personality is...*

2 How do you describe your personality?

**I have a...personality.*

3 Use three words to describe your best friend’s personality.

**Three words I can describe my best friend’s personality are...*

Extended questions

1 Are you an optimistic or pessimistic person? Why do you think so?

**I think I’m a...person because...*

2 Do you want to improve your personality? How could you do so?

**Yes, I want to improve my personality by... / No, I don’t want to improve my personality.*

3 What should we do to help young children build a positive personality?

**We should...to help young children build a positive personality.*

Vocabulary

1 **optimistic** /,ɒptɪ'mɪstɪk/

(adj) hoping or believing that good things will happen in the future

Ex. She is optimistic about her chances of winning a gold medal.

2 sociable /'souʃəbl/

(adj) willing to talk and engage in activities with other people; friendly

Ex. Rob's very sociable -he likes parties.

3 easy-going /'i:zi,gouɪŋ/

[adj] relaxed and not easily upset or worried

Ex. He is a friendly and easy-going type of guy.

4 self-confident /'self'kɒnfɪdənt/

[adj] having belief or trust in their own ability.

Ex. At school he was popular and self-confident.



5 humorous /'hju:mərəs/

(adj) funny, or making you laugh

Ex. My best friend is a humorous person.

6 honest /'ɒnɪst/

(adj) telling the truth or able to be trusted and not likely to steal, cheat, or lie

Ex. She's completely honest.

7 brave /breɪv/

(adj) showing no fear of dangerous or difficult things

Ex. She was very brave to learn to ski at 50.

8 shy /ʃaɪ/

(adj) nervous and uncomfortable with other people

Ex. Children are often shy of people they don't know.

Grammar / Useful Expressions

1 To take after: to be like (often another member of the family)

Ex. Sally takes after her father.

2 really/quite/pretty + adj

Ex. She's really outgoing. / I'm quite friendly. / He's pretty sociable.

3 kind of + adj

Ex. I'm kind of reserved.

Idioms

1 to be the life and soul of the party – to be a fun person, someone who is the centre of activity

Ex. Give him a few drinks and he's the life and soul of the party!

2 bad egg - someone who behaves in a bad or dishonest way

Ex. He's a bad egg - don't believe anything he says!

3 A man of his word / woman of her word - a person you can trust because they tell the truth and keep promises.

Ex. Rae was a woman of her word - if she said she'd be here on Friday, she'd be here on Friday.

4 A man/woman of few words- a man/woman who says very little

Ex. My father was a man of few words, but when he spoke it was worth listening to.